## Self Leadership

CEGOS SWISS. ONE ESSENTIAL AT A TIME.



### What's in it for you?

If your people don't reach their full potential, neither will your organization.

Imagine how resilient your organization could be if it were filled with people who have the skills and self-confidence to get what they need without unnecessary guidance or wasted time.

Organizations don't execute well when individual contributors aren't taking the initiative or being as effective as possible. Performance is often stalled because employees don't know how to ask for what they need when need it. The truth is that people want to be engaged, make meaningful contributions, and feel appreciated.

We know how important it is to the success of your organization that every person be empowered and committed to achieving results.

Our Self Leadership learning journey was designed by experts in employee motivation and engagement to ensure your team members develop the self-starting mindset they need to move the organization forward.

When you arm individuals with the Self Leadership mindset and skillset, you build an empowered workforce that is productive, innovative, and passionate about their work.

### Who should attend?

Everyone in the organization.

### Check it out!

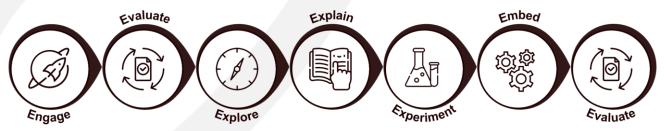


"Self Leadership has been a tremendous help in terms of improving quality from an overall results standpoint."

> **Dennis Fox** Bandag Plant Manager

### **Cegos Learning Framework**

We apply our holistic and dynamic Learning Framework to build learning journeys that deliver more than just awareness of competencies and skills.



Every journey engages the learners beyond knowledge, learning step by step, to explore, experiment and embed their learning, transforming skills into performance.

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# By completing this learning journey, they will:

- Learn a common language based on the SLII<sup>®</sup> model to discuss development and performance and get their needs met.
- Recognize and work through assumed performance constraints.
- Establish SMART goals.
- Diagnose their development level on specific goals.
- · Activate their points of power.
- Become more proactive and assertive during performance conversations.
- Ask for direction and support that matches their development level.
- Increase their autonomy, accountability, and mastery of goals and tasks.
- Increase their performance, creativity, productivity, and results.



### **Digital learning:**

- Challenging assumed constraints
- · Goal setting
- Diagnosing
- Matching
- · Activating points of power
- · Being proactive
- Mastering self leadership

## **#MAKINGADIFFERENCE**

### **Delivery modes:**



Blended learning accessible in our **LearningHub**.



Can be delivered **in-person and/or virtually** as most appropriate to you and your learners.

### **Duration: 14h total learning**



**6 hours** of instructor-led learning.



**8 hours** of self-directed and on-the-job learning.

**REF: SFL** 

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"Take control of my own success."

