

# Self-Awareness with Everything DiSC®



CEGOS SWISS. ONE ESSENTIAL AT A TIME.

EVERYTHING DiSC  
WORKPLACE®

## What's in it for you?

**Self-awareness stands as the bedrock of personal and professional development.**

In today's diverse and interconnected world, perceiving and managing biases and grasping differences are vital elements.

Understanding our unique personality style and preferences serves as a compass for optimizing performance and personal effectiveness. It's the gateway to recognizing and appreciating the diversity in others while adapting behaviors for enhanced interactions and connections.

This journey into self-awareness equips individuals with the tools to navigate the nuances of human interactions, fostering effective relationships in diverse settings.

Empower your people with our transformative Self-Awareness with Everything DiSC® learning journey, fostering a harmonious workplace by unlocking individual potential, enhancing interpersonal dynamics, and cultivating adaptability for thriving professional relationships.

## Who should attend?

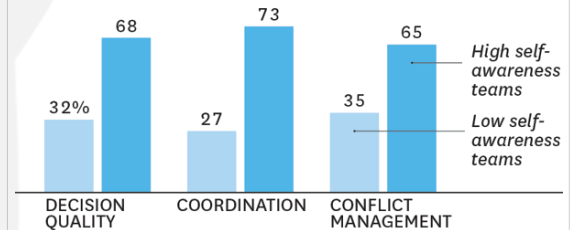
Everyone in the organization.

## Good to know:

### HIGH SELF-AWARENESS LEADS TO BETTER TEAM PERFORMANCE

A simulation shows that it affects decision-making, coordination, and conflict management.

PROBABILITY OF SUCCESS

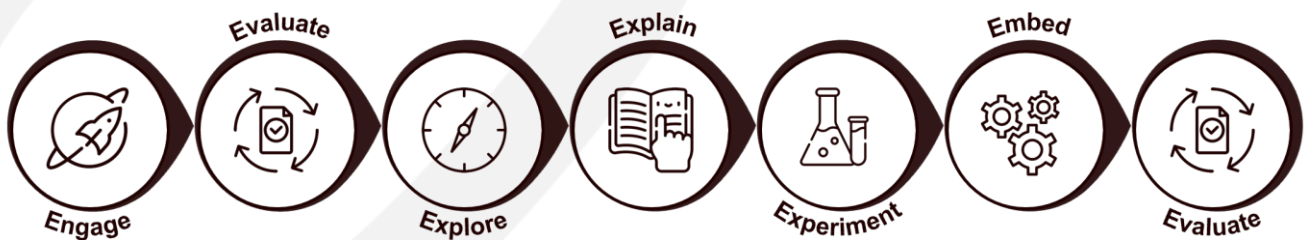


SOURCE ERICH C. DIERDORFF AND ROBERT S. RUBIN

HBR.ORG

## Cegos Learning Framework

We apply our holistic and dynamic Learning Framework to build learning journeys that deliver more than just awareness of competencies and skills.



**Every journey engages the learners beyond knowledge, learning step by step, to explore, experiment and embed their learning, transforming skills into performance.**

# Self-Awareness with Everything DiSC®

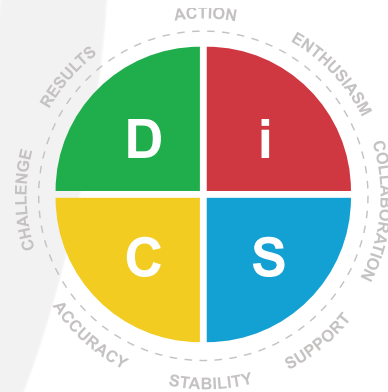
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## By completing this learning journey, they will:

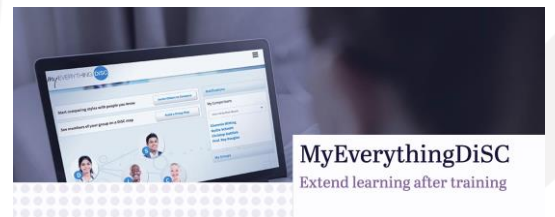
- Illuminate self-insight: gain profound insights into their personality preferences, biases, and the Johari Window, enabling a deeper understanding of self-perception and interpersonal dynamics.
- Embrace adaptability: develop the art of adapting behaviors to forge meaningful connections and interactions with diverse individuals, fostering effective relationships in personal and professional realms.
- Master DiSC® structure: comprehend the structure of DiSC®, harnessing its principles for people reading and navigating effective interpersonal relationships.

## A proven model:



## MyEverythingDiSC®

is a mobile-friendly, interactive learning portal that helps users incorporate their DiSC® knowledge into their daily work. It offers site-exclusive insights for learners about their own DiSC® style, plus specific strategies for working and communicating with others.



## #MAKINGADIFFERENCE

## Delivery modes:



Blended learning accessible in our [LearningHub](#).



Can be delivered **in-person and/or virtually** as most appropriate to you and your learners.

## Duration: 14h total learning



**6 hours** of instructor-led learning.



**8 hours** of self-directed and on-the-job learning.

REF: SAD

[www.cegos.ch](http://www.cegos.ch) | [info@cegos.ch](mailto:info@cegos.ch)

“Take control of my own success.”

## #TIL