

Insights Discovery®: an Introduction

CEGOS SWISS. ONE ESSENTIAL AT A TIME.



What's in it for you?

It's the unique mix of Fiery Red, Sunshine Yellow, Earth Green and Cool Blue energies, which determines how and why people behave the way they do.

In today's landscape of remote work and global disruptions, effective connection and collaboration are paramount.

The Introduction to Insights Discovery® learning journey is crafted to foster deeper self-understanding and stronger team dynamics.

By embracing the Insights Discovery® model, individuals can navigate virtual boundaries, communicate respectfully, and foster positive relationships even in uncertain times, ensuring projects stay on track amidst challenges.

Our learning journey will enable your people to discover the profound impact of Insights Discovery® on fostering effective communication, collaboration, and self-awareness.

Who should attend?

Everyone in the organization.

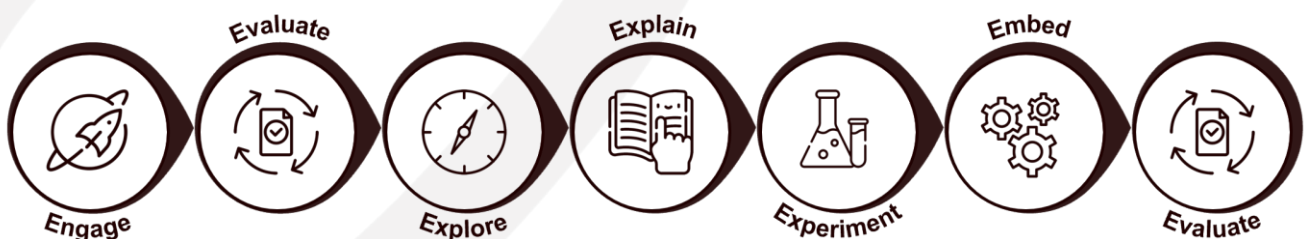
Good to know:

The Insights Discovery® model is a powerful platform from which people can build essential skills, such as:

- Collaboration
- Communication
- Connecting to deliver results
- Valuing differences
- Leveraging collective strengths

Cegos Learning Framework

We apply our holistic and dynamic Learning Framework to build learning journeys that deliver more than just awareness of competencies and skills.



Every journey engages the learners beyond knowledge, learning step by step, to explore, experiment and embed their learning, transforming skills into performance.

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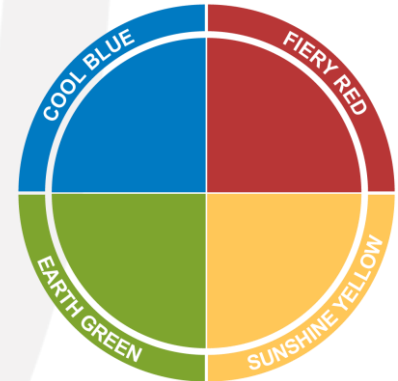
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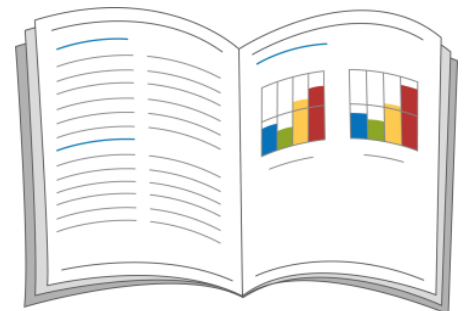
By completing this learning journey, they will:

- Embrace color energy values: understand the significance each color energy brings to performance, fostering appreciation for diverse contributions in the workplace.
- Utilize color language: effectively articulate personal and colleagues' preferences using the language of the four color energies, enhancing communication clarity and understanding.
- Recognize and adapt: identify color energy preferences in others, fostering better connection, more effective collaboration, and improved interactions.

A proven model:



Insights Discovery® Personal Profile:



[Download a sample here](#)

#MAKINGADIFFERENCE

Delivery modes:



Blended learning accessible in our [LearningHub](#).



Can be delivered **in-person and/or virtually** as most appropriate to you and your learners.

Duration: 14h total learning



6 hours of instructor-led learning.



8 hours of self-directed and on-the-job learning.

REF: IDIN

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“We are all unique.”

#TIL