Coaching Essentials®

CEGOS SWISS. ONE ESSENTIAL AT A TIME.

What's in it for you?

Behind every engaged employee is a manager with great coaching skills.

Coaching is the single most important managerial skill that separates a highly effective manager from the rest. The problem is that most managers don't understand how critical coaching is for the development, growth, and performance of their people.

Because they don't know how to integrate a coaching approach into their leadership style, their team members can stay stuck on projects, becoming discouraged and demotivated. It can be frustrating when your managers aren't developing their people as effectively as they could be.

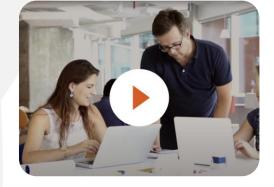
Your managers deserve learning what will deepen their leadership skills, so they can better accelerate the development and performance of those they lead.

Our Coaching Essentials[®] learning journey embraces the tried-and-true coaching competencies defined by the International Coaching Federation. Our expert authors have spent 30+ years mastering the language and practices that immediately make these methods useful.

Who should attend?

Leaders & People Managers.

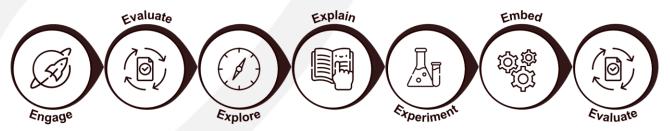
Check it out!



86% of companies report that they recouped their coaching investment.

Cegos Learning Framework

We apply our holistic and dynamic Learning Framework to build learning journeys that deliver more than just awareness of competencies and skills.



Every journey engages the learners beyond knowledge, learning step by step, to explore, experiment and embed their learning, transforming skills into performance.



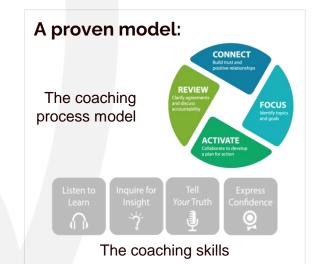
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By completing this learning journey, they will:

- Learn how to identify when coaching is the best approach.
- Develop a coaching mindset.
- Understand when to coach and when not to coach.
- · Learn a coaching conversation process that works.
- Rise above personal tendencies that create barriers.
- Master and practice the four coaching skills.



Digital learning:

- The coaching process
- The essential coaching skills

#MAKINGADIFFERENCE

Delivery modes:

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Blended learning accessible in our LearningHub.

Can be delivered **in-person and/or virtually** as most appropriate to you and your learners.

Duration: 14h total learning



6 hours of instructor-led learning.



8 hours of self-directed and on-the-job learning.

REF: CES

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"Unleash potential, ignite growth."

