

Coaching Conversations

CEGOS SWISS. ONE ESSENTIAL AT A TIME.



What's in it for you?

GROW: a proven effective framework to help your organization move from coaching skills to coaching performance.

In today's dynamic workplace, effective coaching conversations are the linchpin of successful leadership.

Imagine a work environment where leaders possess the ability to skilfully navigate the appropriate coaching conversations with their team members to help them achieve personal and team success.

The power of effective coaching lies in its potential to propel both individuals and the organization towards peak performance. Unlocking this potential is the key to organizational excellence.

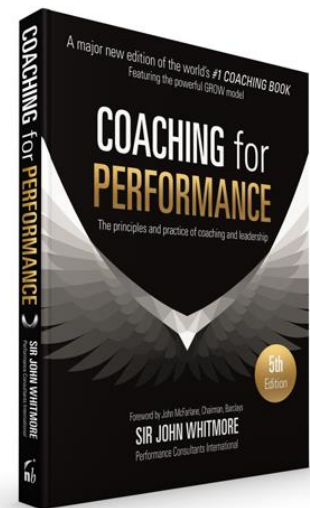
Our Coaching Conversations learning journey equips your leaders with more than just the skills they need to orchestrate meaningful coaching interactions. It provides them with the GROW Coaching Framework created by Sir John Whitmore, a proven effective framework used in conversations, meetings and everyday leadership to unlock potential and possibilities.

By equipping them with a practical and actionable coaching framework, leaders can accelerate performance and foster a culture of continuous improvement, leading to long-term organizational success.

Who should attend?

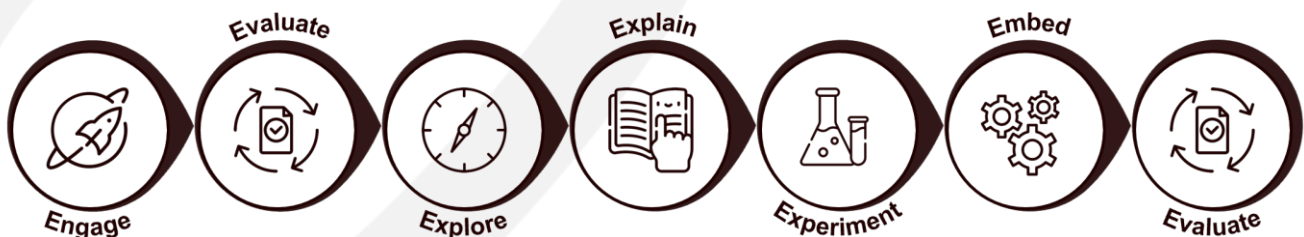
Leaders & People Managers.

Good to know:



Cegos Learning Framework

We apply our holistic and dynamic Learning Framework to build learning journeys that deliver more than just awareness of competencies and skills.



Every journey engages the learners beyond knowledge, learning step by step, to explore, experiment and embed their learning, transforming skills into performance.

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By completing this learning journey, they will:

- Understand when to coach or not to coach.
- Grasp the various coaching conversation types and their unique purposes, aligning them with team members' needs.
- Use the skill/will assessment to make informed decisions regarding the type of coaching conversation required for each team member.
- Master the GROW framework to meticulously prepare coaching questions and structure conversations that drive significant impact.
- Skillfully execute coaching conversations, activating core coaching competencies while applying the GROW framework.

#MAKINGADIFFERENCE

A proven model:



Digital learning:

- [GROW to empower your team members](#)
- [Practice active listening](#)

Delivery modes:



Blended learning accessible in our [LearningHub](#).



Can be delivered **in-person and/or virtually** as most appropriate to you and your learners.

Duration: 14h total learning



6 hours of instructor-led learning.



8 hours of self-directed and on-the-job learning.

REF: CCN

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“GROW transforms conversations into performance.”

#TIL